

WELCOME TO THE SYRACUSE SPEED SKATING CLUB!

The club's objective is to promote and support speed skating for recreation as well as competition. Our program is suitable for young children to adult masters level and we encourage you to think of it as a "life sport". The Syracuse Speed Skating Club is a member of Northern New York Skating Association, a part of US Speed Skating (www.usspeedskating.org).

Developmental coach **Gretchen Burns** was a member of the National Long Track team in 1978 and 1979. She was a national champion in Long Track in 1979. Gretchen is a member of the Syracuse Sports Hall of Fame and is a top amateur golfer. She was also awarded Developmental Coach of the Year in 2002 by US Speed Skating. Gretchen will coach the novice sessions and is assisted by Pete Von Zwehl and USS certified Level 1 coach John Przepiora.

Pete Von Zwehl has speed skated since he was ten and has competed and attended training and coaching camps around the country. Pete has had the opportunity to learn coaching skills from known skaters such as Diane Holum, Andy Gable and Cathy Turner. Pete will coach the experienced sessions.

Sessions are held at **Sunnycrest Rink**, located behind Henninger High School in Syracuse. Regular season practices will be held Thursday October 8 and then Tuesday and Thursday beginning October 12, 2009 and ending March 18, 2010. Practices for Novice class are from 4:45 – 5:35; experienced juvenile skaters from 5:00 – 6:30*; and experienced adults from 5:45 – 7:00. Assignment to appropriate group is subject to Coach's approval. (*Ice cut will be approximately from 5:35 – 5:45.) **Appropriate attire and safety equipment are required.**

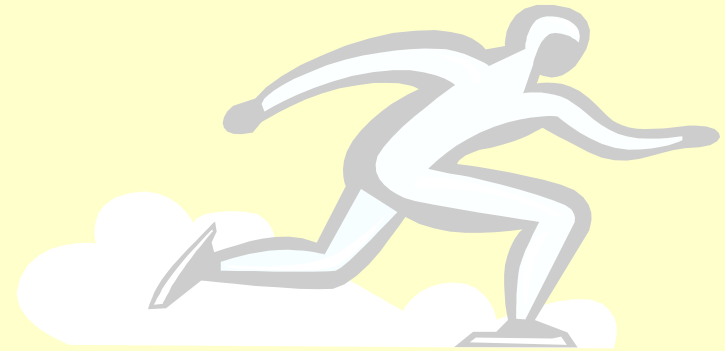
More info:

Club President Karl Hughes 687-5799

*Board Member Gretchen Burns 475-2570
speedskate.burns@gmail.com*

Online: www.syracusespeedskating.org

Syracuse Speed Skating Club



Novice Skaters

Adult and Youth

Membership Application 2009-2010

Sunnycrest Rink
Syracuse, NY

*Located behind
Henninger High School*

**We're on the web!
www.syracusespeedskating.org**

NOVICE SPEED SKATERS

2009-2010

Parent/Adult Name: _____

Address: _____

City: _____ Zip code: _____

Phone (h): _____ (w): _____

Email address: _____

Skaters' Names: (Attach additional page if necessary)

Skaters' Names: (attach additional page if necessary)

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Fee Summary:

Full season (T/Th) fee: \$ _____

Single Night Full Season fee: \$ _____

(Designate preferred night: _____ Tuesday _____)

Skate Rental Fees:

Deposits: # pairs: _____ X \$50 \$ _____

Rent: (\$30 per pair) \$ _____

NNY Dues: \$5/skater \$ _____

Total amount due: \$ _____

Total amount enclosed: \$ _____

Note: Once the on ice training season begins, there will be no cash refunds of fees paid.

WAIVER: In consideration of my participation in the Syracuse Speed Skating Club, Inc. (the Club) or in any of its activities, I do hereby waive for myself, heirs, executors, administrators and assigns all rights and claims for damage I or we might have against the Club, its officers or members and assigns for any and all injuries and damages suffered by me while participating in, and traveling to, any club activity. This waiver applies equally to and for any minor listed above and/or that I may bring to any activity of the Club.

(Signature) _____ (Date) _____

(Parent/Guardian if under 18 years old)

Print Name: _____

Make check payable to Syracuse Speed Skating Club, Inc.

**Mail to:
SSSC, Inc.
P.O. Box 6814
Teall Station
Syracuse, NY 13217-6814**

Novice Skaters

2009-2010

**On Ice Training: October 8, 2009 – March 18, 2010;
Novice session: Tuesday/Thursday 4:45 – 5:35 pm.
(Note: no practice 11/26, 12/24, 12/31.)**

Family Rate: \$100/skater for the first two, \$50/skater for the third, \$35/skater for each additional family member.

On or before	9/30/09	\$100/skater
After	12/31/09	\$70/skater
After	1/31/10	\$50/skater
After	2/28/10	\$20/skater

All above fees include SSSC membership dues.

Northern NY Skating Association Dues: \$ 5.00 per Skater is mandatory and additional. (Complete separate NNY form and submit with this application.)

US Speed Skating Dues: USSS Membership is mandatory and is the responsibility of the skater. (See www.usspeedskating.org for registration and fees.)

New skaters: FREE for one session: NOVICE session ONLY.
Waiver must be signed.

Visiting skater fee: Experienced \$10/session. Novice \$5 /session. Limit of 3 visits unless active member of another skating club. Visiting fee will be applied to membership if the skater chooses to join. Visiting skaters must skate in appropriate session based on skill level as determined by a Coach. **Waiver must be signed.**

Single Night (Tuesday or Thursday) \$65 for members who only want to skate one day a week.

After	12/31/09	\$35/skater
After	1/31/10	\$25/skater

Skaters must designate which day; club management reserves the right to cut off registration for single night skaters in order to manage the number of skaters assigned to any group or day. Tuesday skaters may skate October 8; Thursday night skaters may skate November 24, December 22 & 29.

Skate Rental: \$30/pair/season + \$50 deposit/pair/season
Sizes may be limited.

ICE FEES, NNY MEMBERSHIP DUES and RENTAL OF SKATES MUST BE PAID, AND WAIVER MUST BE SIGNED BEFORE YOU CAN SKATE.