

WELCOME TO THE SYRACUSE SPEED SKATING CLUB!

The club's objective is to promote and support speed skating for recreation as well as competition. Our program is suitable for young children to adult masters level and we encourage you to think of it as a "life sport". The Syracuse Speed Skating Club is a member of Northern New York Skating Association, a part of US Speed Skating (www.usspeedskating.org).

Coaching is provided at regular practices by volunteer coaching staff that includes Gretchen Burns, Pete Von Zwehl, Kate Stewart, John Przepiora and occasionally others.

Head coach Gretchen Burns was a member of the National Long Track team in 1978 and 1979. She was a national champion in Long Track in 1979. Gretchen is a member of the Syracuse Sports Hall of Fame and is a top amateur golfer. She was also awarded Developmental Coach of the Year in 2002 by US Speed Skating. Gretchen will coach novice and experienced skaters this season and is assisted by Coach John Przepiora and coach-in-training Mary Boyden in novice sessions.

Pete Von Zwehl has speed skated since he was ten and has competed and attended training and coaching camps around the country. Kate Stewart is long time skater with SSSC and is a USSS short track national champion.

Sessions are held at Sunnycrest Rink, located behind Henninger High School in Syracuse, Tuesday and Thursday beginning October 4, 2011 and ending March 15, 2012. Youth novices practice from 4:45 – 5:35; experienced juvenile skaters and adults practice from 5:45 – 7:00. Assignment to appropriate group is subject to coach's approval. (Session times include safety padding set up and take down by skaters in respective sessions.) Skaters are encouraged to provide their own skates but seasonal speed skate rentals are available. Appropriate attire and safety equipment are required and self provided. See web site for details.

More info: Club President and Coach Gretchen Burns 475-2570
or Secretary/Coach John Przepiora 382-3829

www.syracusespeedskating.org

Syracuse Speed Skating Club



Novice Session

(Youth Skaters)

Membership Application 2011-2012

Sunnycrest Rink
Syracuse, NY

Located behind
Henninger High School

We're on the web!
www.syracusespeedskating.org

NOVICE SESSION SPEED SKATERS 2011-2012

Parent/Adult Name: _____

Address: _____

City: _____ Zip code: _____

Phone (h): _____ (w): _____

Email address: _____

Skaters' Names: (Attach additional page if necessary)

Skaters' Names: (attach additional page if necessary)

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Fee Summary:

Full season (T/Th) fee: \$ _____

Single Night Full Season fee: \$ _____

(Designate preferred night: _____ Tuesday _____ Thursday)

Skate Rental Fees:

Deposits: # pairs: _____ X \$50 \$ _____

Rent: (\$30/\$50/\$100 per pair) \$ _____

NNY Dues: \$5/skater \$ _____

Total amount due: \$ _____

Total amount enclosed: \$ _____

Make check payable
to Syracuse Speed
Skating Club, Inc.

Mail to:
SSSC, Inc.
P.O. Box 6814
Teall Station
Syracuse, NY 13217-
6814

Note: Once the on ice training season begins, there will be no cash refunds of fees paid.

WAIVER: In consideration of my participation in the Syracuse Speed Skating Club, Inc. (the Club) or in any of its activities, I do hereby waive for myself, heirs, executors, administrators and assigns all rights and claims for damage I or we might have against the Club, its officers or members and assigns for any and all injuries and damages suffered by me while participating in, and traveling to, any club activity. This waiver applies equally to and for any minor listed above and/or that I may bring to any activity of the Club. I also grant permission to the SSSC to use my photo on SSSC web site.

(Signature) _____ (Date) _____

(Parent/Guardian if under 18 years old)

Print Name: _____

Novice Session

On Ice Training: October 4, 2011 – March 15, 2012
(Note: no practice 11/24.) Tuesday/Thursday 4:45 – 5:35 pm (includes pad set up by skaters)

Full Season Ice Fee* (T & Th each week):
\$115/skater for the first two family members;
\$58/skater for the third family member; and
\$40/skater for each additional family member.

Partial Season Ice Fee* (T & Th each week):
Join after 12/31/11 and pay \$81/skater.
Join after 1/31/12 and pay \$58/skater.
Join after 2/28/12 and pay \$23/skater.

Single Night Ice Fee* (Tuesday or Thursday):
\$75 for full season
Join after 12/31/11 and pay \$40/skater
Join after 1/31/12 and pay \$29/skater

Skaters must designate which day; club management reserves the right to cut off registration for single night skaters in order to manage the number of skaters assigned to any group or day.

*All above fees include SSSC membership dues.

Mandatory Northern NY Skating Association Dues: \$ 5.00 per Skater is mandatory and additional. (Complete separate NNY form and submit with this application.)

Mandatory US Speed Skating Dues: USSS Membership is mandatory and is the responsibility of the skater to register and pay applicable fee. (See www.usspeedskating.org for registration form and fees; pay separately on-line or by mail.)

New skaters: FREE for one tryout session for new ice speed skaters to try out speed skating. Waiver must be signed.

Visiting skater fee: Experienced \$12/session. Novice \$6 /session. Limit of 3 visits unless active member of another skating club. Visiting skaters must skate in appropriate session based on skill level as determined by a coach. Waiver must be signed.

Skate Rental: \$30, \$50, or \$100/pair/season depending on type + \$50 deposit/pair/season. See web site for additional information. Sizes may be limited. Prior fitting recommended for first time & tryout skaters.

ICE FEES, NNY MEMBERSHIP DUES and RENTAL OF SKATES
MUST BE PAID, AND WAIVER MUST BE SIGNED BEFORE YOU
CAN SKATE. USSS Membership required. SSSC rules must be
followed.