

WELCOME TO THE SYRACUSE SPEED SKATING CLUB!

The club's objective is to promote and support speed skating for recreation as well as competition. Our program is suitable for young children to adult masters level and we encourage you to think of it as a "life sport". The Syracuse Speed Skating Club is a member of Northern New York Skating Association, a part of US Speed Skating (www.usspeedskating.org).

Coaching is provided at regular practices by volunteer coaching staff that includes Gretchen Burns, Pete Von Zwehl, Kate Stewart, John Przepiora and occasionally others.

Head coach Gretchen Burns was a member of the National Long Track team in 1978 and 1979. She was a national champion in Long Track in 1979. Gretchen is a member of the Syracuse Sports Hall of Fame and is a top amateur golfer. She was also awarded Developmental Coach of the Year in 2002 by US Speed Skating. Gretchen will coach novice and experienced skaters this season and is assisted by Coach John Przepiora and coach-in-training Mary Boyden in novice sessions.

Pete Von Zwehl has speed skated since he was ten and has competed and attended training and coaching camps around the country. Kate Stewart is long time skater with SSSC and is a USSS short track national champion.

Sessions are held at Sunnycrest Rink, located behind Henninger High School in Syracuse, Tuesday and Thursday beginning October 4, 2011 and ending March 15, 2012. Youth novices practice from 4:45 – 5:35; experienced juvenile skaters and adults practice from 5:45 – 7:00. Assignment to appropriate group is subject to coach's approval. (Session times include safety padding set up and take down by skaters in respective sessions.) Skaters are encouraged to provide their own skates but seasonal speed skate rentals are available. Appropriate attire and safety equipment are required and self provided. See web site for details.

More info: Club President and Coach Gretchen Burns 475-2570
or Secretary/Coach John Przepiora 382-3829

www.syracusespeedskating.org

Syracuse Speed Skating Club



Experienced Session (Juvenile and Adult Experienced Skaters plus novice adult skaters) Membership Application 2011-2012

Sunnycrest Rink
Syracuse, NY
Located behind
Henninger High School

We're on the web!
www.syracusespeedskating.org

EXPERIENCED SESSION SKATERS 2011-2012

Parent/Adult Name: _____

Address: _____

City: _____ Zip code: _____

Phone (h): _____ (w): _____

Email address: _____

Skaters' Names: (attach additional page if necessary)

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Name: _____ USSS # _____ Date of Birth: _____

Fee Summary:

Full season (T/Th) fee: \$ _____

Single Night Full Season fee: \$ _____

(Designate preferred night: _____ Tuesday _____ Thursday)

Skate Rental Fees:

Deposits: # pairs: _____ X \$50 \$ _____

Rent: (\$30/\$50/\$100 per pair) \$ _____

SSSC Dues: \$15; \$30/fam. \$ _____

NNY Dues: \$5/skater \$ _____

Total amount due: \$ _____

Total amount enclosed: \$ _____

Make check payable
to: Syracuse Speed
Skating Club, Inc.

Mail to:
SSSC, Inc.
P.O. Box 6814
Teall Station
Syracuse, NY 13217-
6814

Note: Once the ice training season begins, there will be no cash refunds of fees paid.

WAIVER: In consideration of my participation in the Syracuse Speed Skating Club, Inc. (the Club) or in any of its activities, I do hereby waive for myself, heirs, executors, administrators and assigns all rights and claims for damage I or we might have against the Club, its officers or members and assigns for any and all injuries and damages suffered by me while participating in, and traveling to, any club activity. This waiver applies equally to and for any minor listed above and/or that I may bring to any activity of the Club. I also grant permission to the SSSC to use my photo on SSSC web site.

Signature: _____ Date: _____

(Parent/Guardian if under 18 years old)

(Print Name) _____

Experienced Session

On Ice Training: October 4, 2011 – March 15, 2012;
Tuesday/Thursday (Note: no practice 11/24) Experienced
session: Adults/Juveniles: 5:45 – 7:00 pm (including pad
removal)

Full Season Ice Fee (T & Th each week):
\$259 when paid in full by 9/30/2011 (dues included)
\$259 + SSSC dues if paid after 9/30/11

Partial Season Ice Fee (T & Th each week):
\$196 + SSSC dues when joining after 12/31/11
\$115 + SSSC dues when joining after 1/31/12
\$35 + SSSC dues when join after 2/28/12

Full Season Family Rate: \$259/skater for the first two, \$115/skater for
the third, \$58/skater for each additional family member.

Single Night (Tuesday or Thursday):
\$173 when paid in full by 9/30/2011 (dues included)
\$127 + SSSC dues when joining after 12/31/11
\$69 + SSSC dues when joining after 1/31/12

Skaters must designate which day; club management reserves the right to
cut off registration for Single Night skaters in order to manage the number
of skaters assigned to any group or day.

Mandatory SSSC Membership Dues: Individual: \$15/yr;
Family: \$30/yr. Annual membership allows voting privileges and right to
participate in club activities.

Mandatory Northern NY Skating Association Dues: \$ 5.00 per skater.
Complete separate NNY form and submit with this application.

Mandatory US Speed Skating Dues: All skaters must be registered with US
Speedskating. Separate fee applies. See www.usspeedskating.org for registration, fees
and additional information.

New Ice Speed Skaters: One session tryout FREE for new ice speed
skaters. Waiver must be signed.

Visiting skater fee: \$12/session. (\$6 for novice session) Limit of 3 visits
unless active member of another SS club. Visiting skaters must skate in
appropriate session based on skill level as determined by a coach. Waiver
must be signed. USSS registration or USSS single day license required.

5 Session Package: \$52 + membership dues. Experienced skaters only; 5
package/skater/year. Waiver must be signed. USSS and NNY
membership required.

Skate Rental: \$30, \$50, or \$100/pair/season depending on type+ \$50
deposit/pair/season. Sizes may be limited.

ICE FEES, SSSC and NNY MEMBERSHIP DUES and RENTAL OF SKATES
MUST BE PAID, USSS membership AND WAIVER MUST BE SIGNED
BEFORE YOU CAN SKATE. All SSSC participation rules to be followed.